



Guides

Hair Removal Tips 2016

This site is Laser Hair Removal About information, though costly, is quick, safe and relatively painless. Before you embark on getting your hair removed with the laser treatment, you should be aware that this form of hair removal might not suit everyone. The success and suitability of laser hair removal depends very much on a person's skin type and hair pigmentation.

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Learning Laser Hair Removal About

Preface

This E-Book is Laser Hair Removal About information, though costly, is quick, safe and relatively painless. Before you embark on getting your hair removed with the laser treatment, you should be aware that this form of hair removal might not suit everyone. The success and suitability of laser hair removal depends very much on a person's skin type and hair pigmentation. Someone with darker hair pigment is generally more suited for laser hair removal because an ideal condition for this treatment is found when the hair pigment is darker than the skin surrounding it.

When this condition is met, the laser is more easily absorbed by the darker hair (as opposed to lighter colored hair) and the heat generated in the hair shaft will cause permanent damage to the hair follicle, leaving it unable to grow any new hair. The skin surrounding the follicle,

However, remains virtually unharmed. For this reason, people with dark or tanned skin and light hair are not recommended for this procedure.

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Chapter I. : Hair removal is ideal for Anyone

Who finds it a hassle to shave, pluck, tweeze or wax unwanted hair on the face or the body. It may take a few appointments to completely remove the hair in the areas you choose but these treatments are fast, safe, almost painless and the greatest advantage? It's permanent so you'll never have to go through it again!

Make sure that you do your homework before deciding where to get your unwanted hair removed by laser. It is vital that you choose an experienced and reliable technician to do this for you and that you are also suited for laser hair removal. This will definitely help guard you against any frustration at unsuccessful treatments or jobs not well done.

Despite all its advantages, laser hair removal also has its fair share of drawbacks. One of the most common complaints about this form of hair elimination is that the skin of the area being treated will show some mild discoloration. Swelling and redness of the skin may also be experienced depending on the sensitivity of your skin. If you do any or all of these side effects, do keep in mind that they are temporary and will die away after a few days.

Some common areas on the body where people seek the removal of hair by laser are facial hair, underarms, legs, Brazilian bikini laser Hair removal and even the back. Facial hair removal is the most common as most women use this in an attempt to Laser Hair removal on Upper lip, side burns and even on the chin. Men are also welcome to seek this treatment if they find shaving on a daily basis a chore. The underarm hair removal is also a popular area as it negates the need for underarm shaving and leaves a woman at ease when wearing sleeveless tops or tube tops. The removal of hair on the legs by laser is a luxury many women choose to take advantage of as it means eliminating the troublesome process of shaving or waxing, making life a little more convenient. And then there is back hair removal. This is a procedure taken up by a lot of men especially those who possess excessive back hair. Hair removal from this part of the body is particularly common amongst athletes and bodybuilders.

Few Things You Should Know About Hair Removal

Laser is a popular medical procedure in which body hair is removed by using diode laser. This laser generates intense beam with specific wavelength that affects the hair. During this treatment, the energy of the laser is used in order to prevent re-growth of hair. In order to achieve this objective, the energy of the laser must penetrate few micro inches in the skin to reach the roots. The darker and thicker the hair is the more heat is produced. This heat damages the matrix cells around the hair and the elements responsible for re-growth. In other words, you can expect drastic reduction of hair in the treated area.

Although hair removal by laser is very effective, the number of treatments depends on few factors (psychosomatic and physiological). These factors determine how many treatments each individual needs. Of course, the success of one treatment depends on the color and thickness of the hair as well as the depth of their roots. For example, individuals that have red and light hair will need more treatments compared to those who have dark hair. As we have mentioned before there are few more factors that determine the number of treatments like possible endocrine problems for example.

This procedure is ideal for women that want to achieve long lasting effects. Hair removal by laser works especially well in individuals that have lighter color skin and dark hair but thanks to the advance of technology women that have very dark skin can successfully treat their body hair with this method too. Furthermore, many women that have problems with ingrown hair will find this method of hair removal to be very useful. Only after a couple of treatments, they can forget the pain and problems that ingrown hair cause.

In case you are interested to try hair removal by laser

It is probably the best idea to use a specialist in this field. There are many specialists in the field of dermatology and cosmetic surgery that can perform this procedure easily. These specialists will help you prepare for the procedure in the best possible way. Things like cellulite treatments and sunbathing should be avoided before the procedure takes place. They will also give you advice about shaving and proper skin care before the procedure takes place. With their help you will get the most efficient treatments.

Remember that just like any other method, hair removal by laser cannot guarantee 100% success. Some types of hair can be very resistant to this type of treatment and they can re-grow but this time they will be lighter and thinner. Furthermore, this procedure can cause some side effects. For example, skin irritation is a common side effect after the treatment is finished. People can feel occasional discomfort, swelling and redness on their skin. Laser treatment can also lighten or darken the treated skin.

Despite these side effects, Laser Hair Removal About is one of the best ways [to permanently eliminate body hair](#).

Chapter II. : Most Questions – How Long Does Laser Hair Removal Last



The problem with asking How long does laser hair removal last? is that it's really quite vague. Did you mean hair that was removed with proper laser, or Intense Pulsed Light (IPL) treatment, or electrolysis, or a combination thereof? And it gets worse, too, because of all the variables of skin color and hair density and all the other genetic and environmental characteristics that go into hair growth.

The word 'semi-permanent' gets throw around a lot by cosmeticians and beauty therapists, and although it sounds like a weasel word, it's the most accurate we can be in a general sense. Some people, particularly very white-skinned people with dark hair – pasty, nerdy guys with moon-tans and hairy backs are the best example – can have a couple of laser hair removal treatments and not need to come back for a decade or more. Their follicles are completely dead, and any few regrowing hairs will be white and soft and barely visible.

Others will not be so lucky. laser hair removal for dark skin, If you have very dark skin or naturally very light hair, then laser hair removal may not be as permanent as you would like. Because it's difficult to treat every single follicle, of which you have literally thousands all over your body, it is possible that during a normal course of treatment some follicles are not completely shut down, or that they will not respond to laser hair removal treatment the way we'd like them to.

In extreme cases, and these are very unusual – less than 1 in 1000 patients – some people don't react permanent hair removal at home at all. The follicles will close up, the hair will fall out, and then two or three months down the line all the follicles will open back up again and start reproducing the same hairs. This is not common, though. What is far more common is somewhere in between. Often, a client will complete one course of treatment of maybe three or four sessions, spread over several weeks, and then go away for a time to assess the results. Then, in perhaps six months or a year, they'll come back for a follow-up session to address any stubborn hairs or problem spots.

In general, any hair that grows after laser hair removal treatments will grow much more slowly than previously, and the hair is generally a much lighter shade, often being entirely translucent or a very pale gray-to-white. Practical steps for longer lasting laser hair removal

The most practical steps you can take for longer lasting laser hair removal are related to planning ahead. The more hair you have when you go in for a treatment, the more effective the treatment will be. Don't wax, epilate, shave or bleach your hair before your treatment for at least two weeks, and longer if at all possible. Secondly, take as reasonable amount of time before having your second or further follow-up treatments. You should definitely wait at least two weeks before a second bout of laser hair removal, and three to four weeks is preferable. If you have very fast-growing hair, you can trim the time down by a little, but it's still better to let all your hair cycle through its growth / hibernation period if at all possible.

Chapter III. : [Brazilian hair removal](#) Guide and Prices

Have you decided to go for a hair removal session and wish to know how much it is going to be priced? Here is a list of few parts of body that undergo laser treatment and priced as per the number of sessions involved.

Home laser hair removal – Areas to be treated Upper lip including Chin small area Some people have extra growth of hair in upper lips, chin area, and wish to get the hair removed. If you go for threading and other creams for removal, it may be possible that the growth of hair is harder the next time and there are chances of skin darkening. Therefore, get rid of the hair permanently from your upper lip and chin area. The hair are removed in 1-2 sessions only in first session the hair will be destroyed and within one or two days you will be called for another setting to insure a final touch up to your lip and chin. The per session laser hair removal price can be \$30. Full face excluding forehead

If you wish to get rid of unwanted hair from your face as, you have them in abundance and you tried all the experiments to lower down the growth of the facial hair still no results. Now you are looking forward to go for the laser treatment and want to know the price for various sessions. Therefore, the clinics provide you with treatment for full hair facial removal (excluding forehead) that is priced for \$80. Legs and forearms The legs and forearms are treated in 5 sessions as the growth of hair is more in the forearms and legs. Once you go for the treatment, in case of re-growth, the growth will be lesser as compared to your previous growth and the hair will be thin enough. The price for the per session hair removal treatment is priced for \$80-\$90. Chest (men and women) The hair removal session for chest of men and women can vary as in women's the sessions can be small and can last for 2-3 sessions whereas for men the sessions last long for about 5-6 sessions for complete removal. The price for hair removal from women's chest is \$80 and for men's chest the price is \$90 or more per sitting.

Underarms and thighs The hair removal session of underarms and thighs depends on the hair growth. The underarm have lesser area to cover and requires only one session for about 2-3 hours and you can get clean hair free under arms. The session is priced for \$20 and in case of thighs if hair is thick black, time required will be more so it is believed that

almost 5-6 sessions will be required to remove the hair permanently, so that the treatment lasts long. The price for thighs session is \$90-\$100.



How long does laser hair removal last? It can be possible that different clinics have different laser hair removal prices as per the use of different technologies. Go for the ones who are well known for the treatments.

Chapter III. : How to Permanently Remove Hair Professional Methods



Laser hair removers effectively send a high energy beam of heat (laser) that destroys dark-colored particles and in this case, your hair follicles, damaging them to such a degree that they can no longer “reproduce”.

At times, How to Permanently Remove Hair? the hair follicle is not completely damaged which can result in regrowth from that same follicle. Which is why repeat, long-term treatment is necessary to completely destroy hair follicles. This is in addition to the biological workings of hair, which grows in different phrases and at different rates. All these make home laser hair removal a very good and economical option since you will always have the gadget at hand to zap away those stubborn hair. From hereon, mention of laser hair remover(s)/removal(s) refers to personal hair remover/removal done at home.

Each laser hair remover comes with a set of instructions and different removers have different frequency of use etc. required. So be sure to read the instructions on your machine carefully before complaining that it isn't showing results! In general, more frequent treatment (weekly treatment for first 2-3 months) and then monthly treatments thereafter. Again, how frequently you spot hair regrowth and need for treatment is dependent on your biological setup.

BEFORE each treatment: Stay out of the sun – a tan will motivate the laser to burn your skin like it burns your hair. Shave or trim your hair – long hair will catch fire and skin is more susceptible to burning. Apply cooling gel or moisturizer to protect and soothe skin.

DURING treatment: While many removers boast to get the job done fast, remember you want a good job done and you want it done clean. So take your time and do not rush. Even if you take three hours when the instructions say you should only take one hour, that's fine as long as you see the results you want. Be systematic in your approach. the time spent will be well worth it. Contrary to what many think, **YOU DO SEE RESULTS IMMEDIATELY** after initial treatment. And by that, it means your patience will pay off when you see yourself hairless. Yes, it is like razoring off the hair since you are now hairless. However, laser hair removal does more than just get rid of surface hair. Laser hair removers gets rid of hair and damages hair follicles so that chances of hair regrowth is minimized. Of course repeat treatment is necessary for results to be permanent. [Before and After Laser Hair Removal]

After each treatment: Stay out of the sun. Use sunscreen. Although the process of laser hair removal is daunting because of mixed reviews, cost and time taken, understand why you should invest in a home laser hair removal system and decide if it is right for you.

Chapter V. : Permanent Facial hair removal techniques for Women

Self-image challenges for women with best way to remove facial hair, We desperately want to look good.

How far are we willing to go to get rid of that facial hair for good? If you have quite a bit of it, you're probably willing to do just about anything, within your budget, of course. When we see even one tiny hair out of place on our faces, we immediately reach for the tweezers. Electrolysis is a method whereby a tiny probe is inserted into the hair follicle. As we grow older and older, different levels of testosterone are released. Women in western society are consumed with looking beautiful. We don't want anything on our bodies that's normally associated with the male gender. However, the other gift Mother Nature gave us is our hormones. Our culture is not totally to blame. Perhaps it's that we're so attached to our femininity. We are bombarded with images of perfect women everywhere – TV, magazines, the Internet, billboards, and buses, just to name a few.

Mother Nature has provided us with an instinctive need to flaunt ourselves. The pain of plucking is nothing compared to the pain of being ridiculed. Often, it's just the idea that we could be criticized that makes us go anti-hair crazy. But of course, we're all different, and sometimes even young women have facial hair. So maybe it is worth a bit of irritated skin if our egos are appeased. Males and females have the same kinds of hormones, just in different amounts. Terminal hair is the type of hair that is thick, long, and dark, such as the hair on our heads.

Currently, there are three methods: electrolysis, intense pulsed light, and laser hair removal.

In the case of several hairs, it's hot wax or sugar, depilatory creams, thread, or bleach. In addition to the inexpensive, traditional methods mentioned, modern technology has given us the gift of nearly permanent hair removal. Men have lots of testosterone, especially when they reach puberty, so of course, they grow thicker facial hair. Women don't have much testosterone until their thirties and beyond, which is why they typically don't get a lot of facial hair until then.

[Permanent Facial hair removal](#) for Women is a social stigma. If it is inserted properly, it . After all, if we look good, usually we feel good. Anything to get rid of it. Testosterone is one of the primary hormones responsible for terminal hair growth. It's survival of the laser hair removal for men fittest! The fittest being the most attractive ones who entice a mate, thereby ensuring continuance of the species. These are those amazing

Chapter VI. : Does laser hair removal Work on Face



This type of condition could be embarrassing and inconvenient for both men and women. It could make women feel to be less feminine, and destroy self-esteem. And in men it's simply a matter of being annoying to shave each and every day. This condition has varying causes. Does laser hair removal Work on Face?

The best ways to get rid of unwanted facial hair are electrolysis (if you have a hefty budget to work with) and hair removal cream (a much more affordable option). It is highly recommended both by professionals and everyday individuals that you try out a cream before anything else. This is because other forms of hair removal are expensive and require multiple treatments. Hair removal cream, on the other hand, is very affordable and works well for many people.

Try This Before ANYTHING Else >> Revitol™ Hair Removal Cream Types of Hair Growing on the Face There are two various kinds of hair which could grow over the face. Vellus hair is the light and almost invisible hair which is the same to the hair of a baby. Health factors, age as well as other unidentified reasons could trigger this hair to change into terminal hair. The terminal hair is the visible, thick and dark hair that could sometimes grow over the face of a woman.

Causes of Excessive Facial Hair It has been thought that being overweight could trigger excessive amount of androgens and for a few women, losing extra weight could aid the problem of having excess facial hair. It's also thought that stress could trigger excessive androgens. It's normally an excellent idea to talk with the doctor about the idea that a medical basis can be the reason in triggering excess facial hair before making assumptions. A great quantity of products for facial hair removal is available within the market today. There are exactly lots of various options in stores as well as on the internet. When choosing for your requirements.

How are you going to determine which is appropriate for you?

Facial Hair Removal Methods Shaving is possibly the most well known method of hair removal. However, this method doesn't remove hair permanently and most professionals agree, it is not an excellent idea to shave the face.

Another method of hair removal is plucking which is also not permanent. While it is excellent for some stray hairs, plucking could irritate and scar the skin. Apart from that, it could trigger ingrown hairs.

Waxing, even though not permanent, could provide excellent results. Consider experiencing pain prior to choosing this method as a choice.

Creams for facial hair removal are also obtainable. The majority of them include acidic components which literally dissolve the hair away. Once again, hair removal creams could not remove hair permanently, and if your skin is sensitive, these could irritate your skin.

There are two methods which are close to removing hair permanently, laser and electrolysis hair removal. But with both choices, the results that you desire can probably take years to be achieved.

Try This Before ANYTHING Else >>

Revitol™ Hair Removal Cream [Electrolysis Hair Removal](#)

A needle is being inserted into hair follicles to reduce the roots. This method is associated with extreme pain. Laser Hair Removal – Laser light is exploded within the intervals on the skin to reduce hair follicles. However, it normally only working for light skinned individuals. It could also cause scarring and burning.

Scientifically, it's not possible to assure 100% hair removal permanently. While products are offered that assure 100% satisfaction, these products may not remove hair permanently, however, these products are free from defects.

How to wax your facial hair?

Facial Hair Removal for Men is done nowadays by both women and men. While for men shaving is common, lots of women do have hair on their face and this can be unaesthetic. Popular hair removal methods for facial hair are threading or plucking, though not as efficient as facial waxing.

Lots of women are afraid of trying waxing the hair in their face because they are scared that it is too painful. This is further from the truth. You can visit a beauty salon if you are too scared to do yourself at home. The main advantage of waxing is that it lasts longer and in time the hair grows thinner and it is less visible.

For those wanting to try waxing at home, you need just a waxing products made for face. You can use normal wax as well, it is just that those made for face contain ingredients for more delicate skin. Besides the waxing itself, you may want to prepare the face for the waxing procedure. You do this by cleaning your face well of any dirt and impurities, apply a gommage if it is possible, than clean well your face with a towel. To avoid irritation, you could apply some powder before applying the wax.

Does laser hair removal Work on Face. You should only apply the wax from the direction of the hair grown. After few minutes, you can remove the wax by pulling it from the hair grown direction. This is the most important step in doing facial waxing removing on your face. After finishing waxing, you can apply an astringent on your face, dry your skin with a soft cloth and preferably avoid putting creams or make-up for one day. Otherwise, your skin may get irritated.

From all methods of hair removal, waxing is one of the most efficient and risk free. You can try it at home or, if you are too scared, in a beauty salon.

Chapter VII. : Before and After Laser Hair Removal You need to know



[Waxing and shaving](#) can be other options that you can make use of to get rid of unwanted hair but it requires you to repeat the procedure at least once a month. Hence laser hair removal is a far better procedure as after it, the reappearance of hairs will be a very slow procedure. Before and After Laser Hair Removal you opt for laser hair removal you need to know certain before and after factors of the same. Laser hair removal can be performed in almost all the parts of the body with the exception of the area immediately around the eye.

Electrolysis is a procedure that helps you get rid of unwanted hairs permanently, but laser hair removal is a comparatively quicker and more economic procedure. Before you opt for the treatment you would naturally want to know as to why should you opt for laser hair removal over others. If you do not have time enough to keep visiting the salons every month for waxing, if you want to look perfect and confident always, if you want to have a beautiful problem and of course hair free skin, then laser hair removal is what you need.

Before you visit a Particular Clinic and decide to get treated there

Surf the net and get to know about the best clinic in your city. You may even ask your friends or relatives who have undergone the treatment. You should even go in for a consultation with the doctor before the treatment to know how much you will be charged. After the laser hair removal procedure takes place some people might face a bit swelling and reddening up of the treated area but that would last for a very short time. Knowing what to expect from laser hair removal before and after the procedure will now mean you will enjoy a smooth, beautiful, and hair free skin and shall be ready for any occasion, anytime, with greater confidence.

Laser Hair Removal Cost Info

If you compare the cost and time that you have spent over the years in removing the unwanted hairs from the body with the laser hair removal cost in Pakistan, quite amazingly there will be remarkable difference. Usually boys and girls become concerned about removing unwanted hairs once into the puberty stage. This is because these hairs can become very much unwanted most of the times and often give you an unpleasant appearance.

[\[How to remove Unwanted Hair?\]](#)

There have been a number of hair removal methods that are in practice over the years such as waxing, shaving and tweezing. Although these methods are still in practice world over but the results they provide are only temporary because hairs grow back after some time. For those who are concerned about laser hair removal cost in Pakistan must realize that there is no match when it comes to obtaining permanent results.

Where some people will have no objection about the once in life expense they have to bear to get rid of the unwanted body hairs, there can be some who may consider laser hair removal cost in Pakistan a bit too much. Listed below are some features of the procedure to

justify that the cost is very much reasonable: Lasers just focus on a certain area without doing any damage to the surrounding skin whatsoever which is least possible by any other method.

As you will undergo about three to five treatments on the regular basis the unwanted hairs will disappear from your body permanently. Lasers target hair with directed pulses of light that take even less than second, for treating areas about the size of a quarter in a second.

The accuracy of treatments makes lasers perfect for sensitive skin which is often around the eyes, upper lip, underarms, or bikini line. The laser hair removal cost in Pakistan may seem high but with other methods used for removal causing pain, burns, bumps, and nicks of the skin the cost is truly worth. Electrolysis Hair Removal at Home is another method for removing hair permanently but the treatments can be painful and time-consuming.

Is Laser Hair Removal Permanent

Yes. Laser hair removal is a permanent solution to get rid of that unwanted hair that nags you all the time. The process is simple and easy to apply. You only need to invest at least \$700 for the process. This may seem expensive but if you look at it in fine details, you will realize that this capital is worth the service that you are likely to get. Once you are through with the entire process, a guarantee is offered that you will never visit a barber shop to get your hair shaved.

You need to understand some few facts first before going for the laser hair treatment. This process will not be effective when you apply it to your hair once. At the first time of application, only hair follicles on top skin will be destroyed, thus terminating all the hair cells visible to the eye. You need to go through more than four laser hair removal tests so as to get the best result.

However, this also depends with one's skin complexion. Other individuals usually have better results and their hair gets terminated after only four attempts. If you are unlucky getting the good results after the fourth attempt, you can proceed and make more attempts to get rid of your hair through laser hair removal. A guarantee is offered that you will eventually get rid of your hair after several attempts.

The skin complexion of different individuals is the key factor that usually determines the effectiveness of the entire process. If you have a dark skin complexion, Before and After Laser Hair Removal the probability that you will get rid of your hair after the fourth attempt is high. But if you have light colored hair, the process might take longer. However once it becomes effective, you will never have issues with your hair.

E-book Written by : www.besthairremovalsystems.com